

*Malka Livingstone*

***Domestic Abuse Training & Consultancy***

*safe - ethical - innovative*

## *Training*

We offer a range of training courses covering the dynamics and psychology of domestic abuse. All Courses delivered by a qualified specialist domestic abuse trainer with many years' experience of working with victims (adult and child) and perpetrators of abuse.

### *Example of our Courses* (Bespoke courses are available)

- Basic awareness (3 levels available)
- Impact of domestic abuse, violence and trauma on children (pre-birth to 12 years)
- Impact of parental domestic abuse on teenagers
- Teenagers and domestic abuse
- Risk - understanding, identifying, assessing and managing risk
- Completing Risk Identification Toolkit (Caada-dash or MeRIT) & MARAC
- Safety planning and case management
- Specific victim courses; e.g. LGBT, Elderly, BME, disabilities/impairments/cognitive disorders etc

### *Benefits & Outcomes for your organisation*

- More informed and confident frontline workers, managers and commissioners who understand the dynamics and psychology of domestic abuse
- Improved early identification and prevention of escalation of abuse
- Increased reporting of domestic abuse
- Improved responses and outcomes for domestic abuse victims and perpetrators
- Develop and strengthen partnership working
- Improved safeguarding of children and vulnerable adults
- Meets Ofsted criteria for Children's Social Care services
- Improved knowledge of current legislation
- Potentially prevent a domestic homicide

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## *Consultancy Services*

- Review of domestic abuse training and direct victim services
- Identify gaps in provision
- Highlight working practices (positive and negative)
- Identify safe and unsafe risk identification, assessment and management
- Report writing
- Policy and strategic advice
- Recommendations for developing services and training opportunities

## *Benefits & Outcomes for your organisation*

- Focused, appropriate and effective domestic abuse services
- Improved working practices to improve outcomes for domestic abuse victims/perpetrators
- Improve opportunities to secure commissioning and funding
- Improved domestic abuse policies and strategic planning
- Clear recommendations in line with current legislation and 'best practice' when working with domestic abuse victims
- Potentially prevent a domestic homicide
- Financial benefits by reducing demand for services for domestic abuse victims

## *Areas of Specialism*

- Managing operational and strategic development of direct victim services (child and adult)
- Psychology and dynamics of domestic and sexual abuse including 'Post Separation Abuse'
- Victim's healing process
- Effective individual support work and professional boundaries
- Impact of abuse, violence and trauma on children and adults
- Criminal & Civil legal systems and processes
- Identifying, assessing and managing Risk and safety planning

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## *Personal Profile*

I have 24 years experience of working directly with adults and children living with abuse, trauma, mental health illness, substance misuse and/or who find themselves at a point of crisis in their lives in various settings. I am a qualified trainer with 20+ years' experience of writing, developing and delivering interactive and effective training courses to professionals and service users. I have written and delivered specialist domestic and sexual abuse training since 2007. I managed the Jigsaw Visitors Centre, HMP Leeds for 10 years; as well as managing and developing services for prisoner's families, prisoners, prison staff and local community, I also wrote and delivered courses to prisoners as part of their sentence plan. More recently I managed an Independent Domestic & Sexual Violence Advocacy Service (IDSVA) for 6 years working directly with victims of domestic and sexual abuse who had been assessed as high risk of serious injury or murder by their partner/ex- partner or family member. I advocated for victims within the Criminal Justice System & Family/Civil Courts and offered victims therapeutic person centred practical and emotional as well as risk assessment and safety planning. I have also worked in a psychiatric hospital on an acute mental health ward and volunteered as a telephone counsellor with CHILDLINE

## *Professional Achievements*

- Successful track record of managing, developing and delivering direct victim services to adults and children living with abuse, violence and trauma; including an IDSVA (Independent Domestic & Sexual Violence Advocacy) Service from 2009-2015
- Secured £1.2 million funding for the development and sustainability of the Jigsaw Visitors Centre, HMP Leeds
- Designed, wrote and delivered a 3 day OCN accredited course for prisoners and their partners to complete together on 'healthy relationships' (A first in any prison at the time).
- Set up a new approach to recruiting and retaining volunteers at the Jigsaw Visitors Centre
- Established an information, advice, & support service in Leeds Crown Court (with a serving prisoner)
- Currently commissioned by Knowsley Safeguarding Children's Board to deliver a full programme of domestic abuse training to professionals in Knowsley
- Currently working with Sefton Council to review their domestic abuse training programme
- Commissioned to deliver domestic abuse training in Aintree Hospital
- Designed and delivered an 'in-house' package of training to new employees covering domestic abuse, effective support work and professional boundaries

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